

# Kindergarten Readiness Checklist



## Academic

- recognize and name basic shapes
- recognize and name numbers 1-10
- recognize the letters of the alphabet (uppercase & lowercase)
- recognize and write first name
- count 10 objects, pointing to each object while counting
- identify basic colours
- sort items by size, colour or shape

## Social Emotional

- take turns and share
- sit quietly and listen
- follow simple directions
- put things away
- interact positively with peers and adults
- ask for help



## Fine Motor

- hold and use a pencil or crayon
- hold and use a pair of scissors
- copy basic shapes
- put together a simple puzzle
- build with blocks and legos
- put on coat and zip up

## Independence

- use the bathroom independently
- wash hands with soap
- use a tissue to wipe nose
- open any food container in lunch
- get dressed independently
- put on backpack

## Gross Motor

- run
- jump with feet together
- balance on one foot
- throw and catch a ball

*Every Student; a Success Story!*