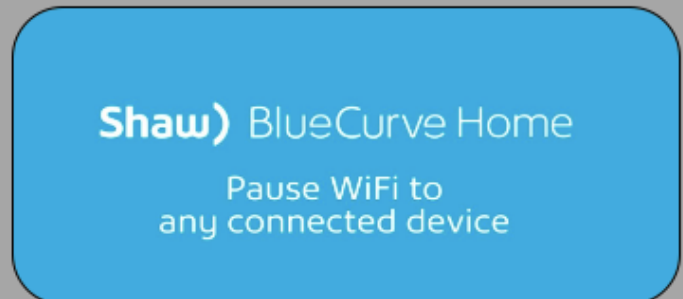# PARENTAL CONTROLS
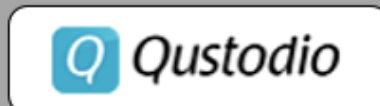
*Cyberworld Handout*
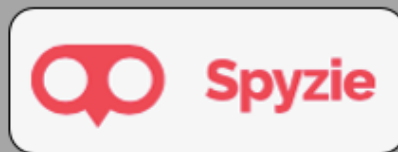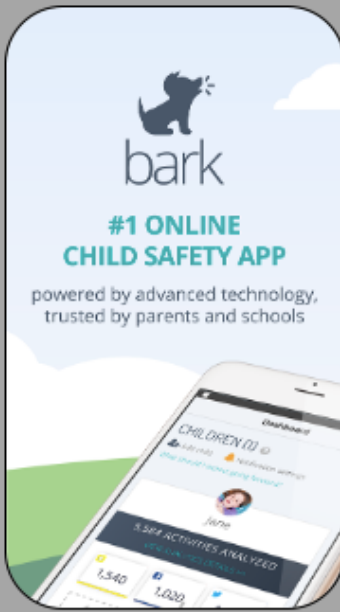


## LEARN MORE ABOUT:
### GOOGLE FAMILY LINK
### BARK
### SPYZIE
### QUSTODIO
### SHAW BLUECURVE HOME
### & PARENTAL CONTROL ROUTERS

# GOOGLE FAMILY LINK

FamilyLink offers many different ways to monitor your child's phone (and it's free to use!) To set it up, you download the "Google Family Link for parents" app from whichever app store you use. The process takes a few minutes, and requires that your child has a Gmail account and that you have your child's device with you. Once it's set up, Family Link offers all the features shown below:

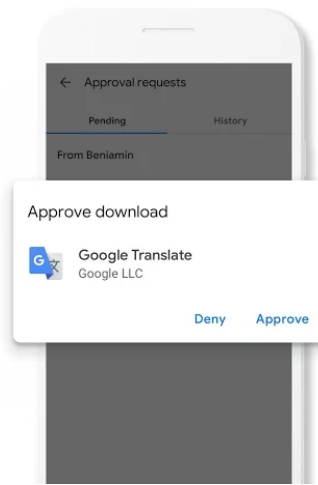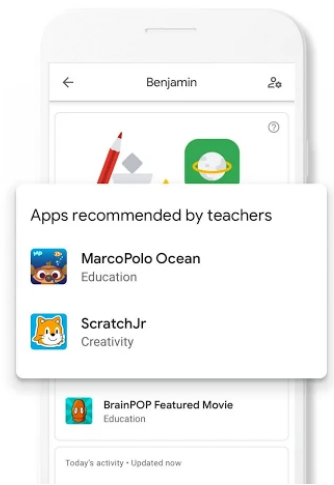**Supervise your child's Google Account**
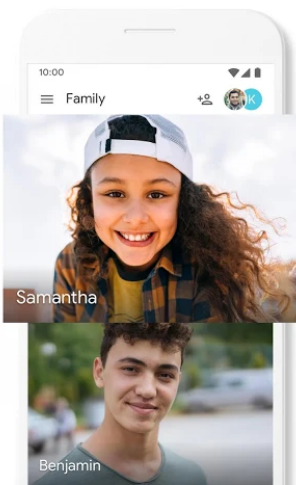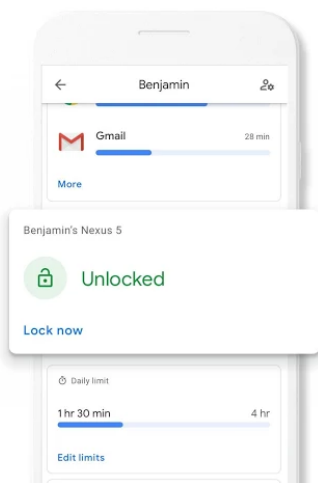


**Guide them to good content**
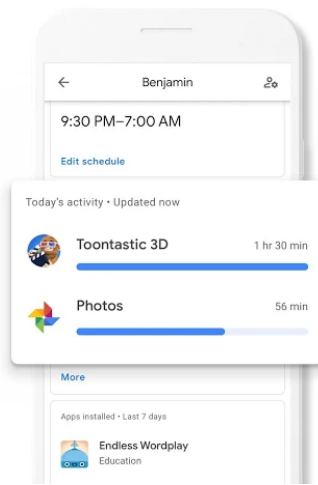


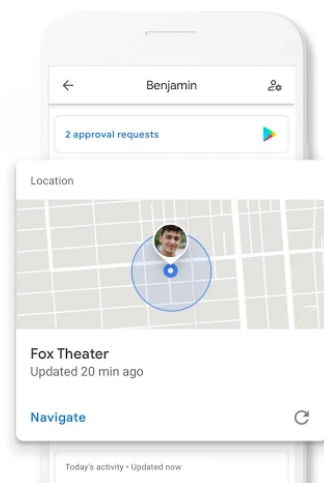**Manage the apps they can use**



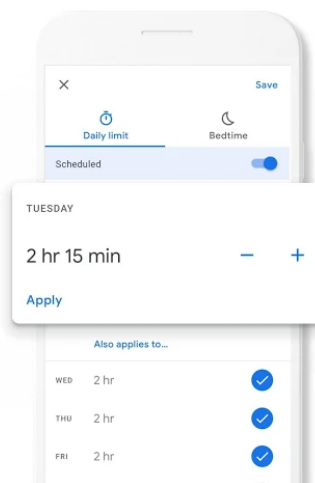**See teacher-recommended apps**



**Lock their device**



**See their device location**



**Set screen time limits**



No cost.

# BARK

The "Bark - Monitor and Manage Your Kids Online" is another great app, available on the Apple App Store and Google Play Store. To start, you set up a parent account on their website, bark.us. Here you choose which payment plan you'd like, enter your kids names and ages, and select what devices, email accounts, social media apps and browsers they use. Then you connect each of your children's account with Bark, which requires their usernames and passwords or inviting your child to connect to Bark from their devices. They encourage talking openly and honestly with your child about Bark (which we love) and note that it may take some time to set up every connection.
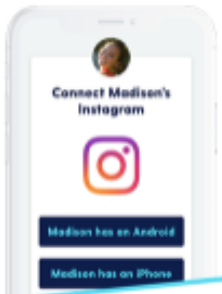
## Monitor

Connect to 30+ platforms to monitor text messages, emails, and social activity for signs of harmful interactions and content. Click here for an overview of what Bark monitors.
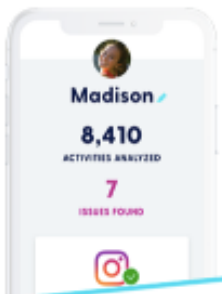
## Detect

Get automatic alerts via email and text when Bark's algorithms detect potential risks, so you don't have to comb through every post and text.
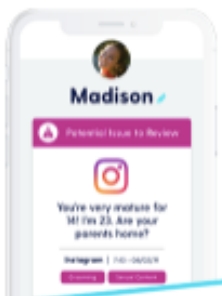
## Alert

Our expert recommendations make it easy for parents to talk to kids about digital dangers and other sensitive online issues.

**Bark Jr.**
**$5/mo or $49/yr**
Manage screen time
Website filters
location check-ins

**Bark**
**$14/mo or $99/yr**
Includes what Bark Jr. offers **plus** monitoring and alerts

Prices are in US dollars unless otherwise noted.

# SPYZIE

One of the most 'invasive' of all the options, Spyzie allows you to see pretty much everything on your child's device. There are two parts to Spyzie; the parent account that you create, and the monitoring app you install on their phone. You will need physical access to your child's phone for this. Once the service is activated, the app icon will be deleted automatically. It will work in stealth mode, and your child will not know that you can see their phone.

**WhatsApp**
Check All Messages on WhatsApp

Learn More >

**Screenshots**
View The Target's Screen with A Simple Click

Learn More >

**Call Log**
Get Access to The Detailed Call Log of Target Device

Learn More >

**Messages**
Check All The Text Messages on Target Device

Learn More >

**Data Export** New
Export and View All The Monitored Data

Learn More >

**Alert** New
Get Sensitive Information Alert Automatically

Learn More >

**Location**
Always Keep Track on Target's Location

Learn More >

**Keylogger**
Automatically Record All The Input Information

Learn More >

**Messenger**
Check All Messages on Facebook Messenger

Learn More >

**Browser History**
Read The Browsing History of Target Device

Learn More >

**Timeline** New
View All Phone Activities at A Glance

Learn More >

**Photos**
Monitor All Pictures on Target Device

Learn More >

**Instagram**
Read All Messages and Photos on Instagram

Learn More >

**Snapchat**
Check All Messages and Photos on Snapchat

Learn More >

**Contacts**
Browse The Target Device's Contact List

Learn More >

Spyzie offers 2-3 different payment options, with the more expensive options offering more features. The Basic version does not include tracking of most popular social media apps. The Pro version will include many more apps and features, while the Ultimate includes every service that Spyzie offers. The only difference between Pro and Ultimate is that Ultimate includes Timeline, Alert, and Data Export.

**Basic: $40/month**
**Pro: $50/month**
**Ultimate: $60/month**

Note: the Basic option is only available on Android devices.

Prices are in US dollars unless otherwise noted.

# QUSTODIO

Qustodio offers a lot of monitoring options for parents, as you can see in the breakdown below. One positive of Qustodio is that, unlike Spyzie, every payment plan has access to ALL of the features listed below. The difference in price comes from the amount of devices you can monitor, which range from 5-15. (There is also a free version, but it only offers basic protection features for a single device.) There are two parts to Qustodio; the parental monitoring app that you download on your phone or computer, and the app that you must install on your child's device. Qustodio also works across a range of operating systems including iOS, Android, Windows, Mac and even Kindle.

**Extended reporting**

Receive a full 30 day breakdown of your child's activity directly in your inbox on a daily or weekly basis.

**Basic Protection**

Qustodio's world-class web filtering engine, time limits, and reporting features.

**Time limits by device**

Easily set a time schedule or limits for how much internet time is allowed each day.

**Games & Apps blocking**

Decide which games and applications can be used and when.

**YouTube Monitoring Beta NEW!**

See what your child searches for and watches on the YouTube Android app and YouTube website. Android, Windows, and Mac devices only.

**Advanced Facebook Monitoring**

View status updates, pictures, friends, and more on social networks.

**Call Tracking and Blocking for Android**

See who your child calls most and block unwanted numbers on Android.

**Track SMS for Android**

See who your child texts most and read text messages.

**Family Locator NEW!**

See where your child has been and know they are safe now. Available for Android and iOS devices only.

**Panic Button for Android**

Adds an SOS button to your child's Android smartphone that sends you location-based alerts when there's trouble.

**Priority Support**

To help you get set up with Qustodio and answer your questions.

Small Plan (5 devices): $55/yr, or $5/month

Medium Plan (10 devices): $97/yr, or $8/month

Large Plan (15 devices): $138/yr, or $12/month

Prices are in US dollars unless otherwise noted.

# SHAW BLUECURVE HOME

Note: This is only available to Shaw Internet customers who have a BlueCurve Gateway. BlueCurve can give you full control of your wifi network and devices that connect to it. The BlueCurve Home app lets you see who is online, set schedules by users and devices, monitor usage, and turn your Wifi on and off. Profiles let you manage how and when people can connect to your network. Parental Controls let you block inappropriate content, while Bedtime Mode keeps your kids' devices offline at night. You can also set other times for the Wifi to be off; for example, at dinner time, if you don't want your kids on their phones. You can even block a video game console (like an Xbox) from connecting online without affecting your device's wifi. However, all the controls you set will only work if your child's devices are connected to your home Wifi network.
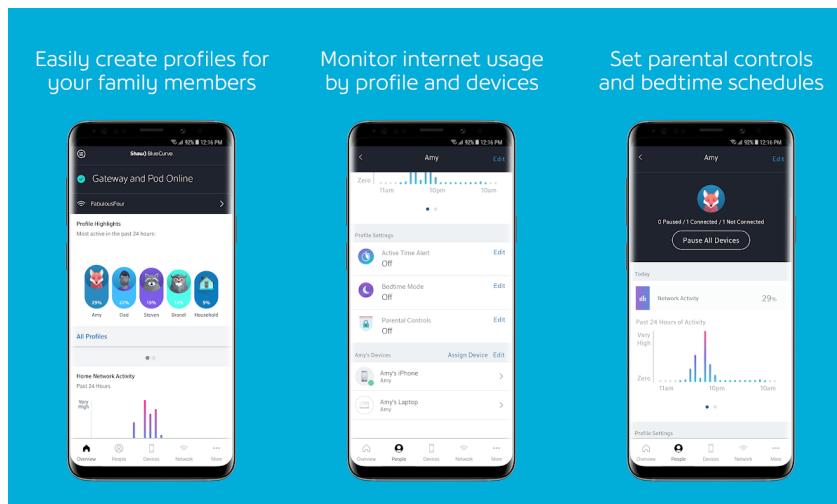


BlueCurve is available on both of these plans. The only difference between them is the speed of the Wifi you're getting. Internet 300 will give you a download speed of 300 mbps/second, while 600 will give you 600 mbps/second.

Internet 300: $55/month
Internet 600: $60/month

(These prices are in CAD.)

# OTHER OPTIONS

Net Nanny
Symantec Norton Family Premier
Kaspersky Safe Kids
Clean Router

(From PCMag's "Best Parental Control Software for 2019")

# PARENTAL CONTROL ROUTERS

From "The 10 Best Parental Control Routers of 2020"

If you have WiFi at home, you definitely have a router. These provide internet connection for your home, and many routers now come with features such filtering content and setting time limits for certain users . Most come with a handy app so that you can control all this from your own phone!

Best Overall / Asus RT-AC88U at Amazon

Best for Performance / Gryphon Secure Mesh System at Amazon

Best Coverage / Eero Pro at Amazon

Best Budget / Linksys EA7300 at Amazon

Best Mini / Router Limits Mini at Amazon

Best for All Ages / Circle Home Plus at Amazon

Best for Simplicity / Koalasafe Dome at Amazon

Best for Smart Home / Netgear Nighthawk R7000 at Amazon

Best for Privacy / Syfer Unlimited Smart VPN Router at Amazon

Best for Multiple Devices / Netgear Nighthawk R8000P at Amazon

Source: https://www.lifewire.com/best-parental-control-routers-4160776

Price: Varies from around $100 to $600 CAD

I encourage you to search the link above and read the full reviews for each product, so that you can decide which router (if any) will work the best for your family.